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**PRE-OP SURGERY INFORMATION SHEET**

Please make arrangements to have someone else drive you home after your procedure, so you can move your feet and legs around. If sitting, keep your legs elevated. This is beneficial immediately following the treatment.

**Do not** take Plavix, Coumadin, aspirin or aspirin products such as Motrin, Aleve, Ecotrin, or home remedies such as Ginkgo Biloba or individual Vitamin E, 5 days before your treatment. This will help minimize any bruising.

**Tylenol only if needed**

**Do not** drink alcoholic beverages and do not smoke for 2 days before and 2 days after your treatment, since this may impair the healing process.

The day of your procedure/treatment, shower and wash your legs thoroughly. Do not apply any cream or lotion to your legs.

To avoid discomfort, do not shave your legs on the day of your appointment.

Bring loose-fitting slacks to wear after the treatment.

Eat a light meal or snack 1 1/2 hours before your appointment.

If you have any questions or concern, contact our office.

Our center will be available for your full assistance.