

SURGERY POLICY AND PRICES FOR INSURED PATIENTS

It is important that you understand that the insurance market is undergoing dramatic changes with the rollout of the Affordable Care Act (Obama care) and we have seen a dramatic shift insurance denials.

Preauthorization:

Our office will submit your case to your insurance company for surgery pre-authorization.

We cannot guarantee that your insurance will cover the surgery.

After preauthorization is obtained our office will delineate what the insurance will cover and what the patient is responsible for.

Rosanny will be assisting you in the process for coverage determination.

Our office will need 1- 3 weeks to work with the authorization process. Please feel free to call her at 305-854-1555 ex 3265 to follow-up on your authorization process.

Post-Surgery coverage:

1. Ultrasound visits are obtained at 2 days, 1 month, and 6 month and annually. Post-procedure- these visits will be billed to your insurance.

2. Compression stockings are not covered by insurance and cost \$85.00 plus tax.

INSTRUCTIONS PRIOR TO SURGERY

- Please make arrangements to have someone else drive you home after your procedure.
- Please continue your normal regimen pre-procedure. Take all of your normally prescribed medicines, including blood thinners.
- You may eat a light breakfast on your procedure day.
- The day of your procedure/treatment, shower and wash your legs thoroughly.
- Do not apply any cream or lotion to your legs.
- Men should depilate their legs with clippers.
- Wear loose fitting clothes and shoes due to bandage that will be placed on your leg after your procedure.
- If air-travel planned:
 - If flight less than 5 hours – may fly 1 week after surgery.
 - If flight more than 5 hours – please wait 2 weeks before flying

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POST SURGERY INSTRUCTIONS:

- Your treated leg will be wrapped in a tight bandage which must stay in place for a day or two. Please maintain the bandage clean and dry - do not shower. Return to office as instructed for bandage removal.
- You may return to work the next day with the bandage in place.
- Mild bleeding on your bandage is common, just apply pressure and elevate for 15 minutes. If bleeding persists, please contact the office during normal business hours, after hours please contact Dr. Almeida @ 305-308-0571.
- Please walk 10-15 minutes every hour, until bedtime. Elevate your legs when you are not walking.
- Please take prescribed Motrin twice daily for 10 days.
- Compression hose are to be worn for 2 weeks after bandage removal, and should be removed to shower and sleep.
- Avoid aerobics, heavy leg lifting or strenuous physical exercises on your leg for 2 weeks following your procedure.
- In 5-7 days you may feel a pulling sensation in your leg - this is normal during healing.
- Some lumps and bumps may be seen on or felt at the surgical sites afterward. This is also part of the normal healing process- may take 3 months to clear.
- Please avoid sun exposure until healing is complete.
- Compression hose should be worn for long trips and prolonged standing should be avoided. It is normal to have some days where your legs may feel achy even months after the procedure- compression stockings usually relieve this.
- If air-travel planned:
 - if flight less than 5 hours – may fly 1 week after surgery.
 - if flight more than 5 hours – please wait 2 weeks before flying